

## The ACTSS Devotional Plan

**The ACTSS Devotional Plan will help you have a powerful walk with Christ. It's a simple 15-minute plan by design. Of course, you can extend it by increasing the time allotted in each category.** It's better to have regular 15-minute devotions than occasional marathon devotions. It's like eating food. It's healthier to eat small meals each day than to gorge yourself once a week! Find a time that best fits your daily schedule. And, if you miss a day, don't get under condemnation. Remember, God's love is not based on your "performance" or a system of works. **Here's a brief description of the ACTSS Devotional Plan.**

**1. ADORATION – (1 minute).** Adoration is worship and praise. You will start your devotion by taking a moment to worship the Lord. No one need know. When I was working in the oil refinery, I did not have the freedom to sing aloud or lift my voice in worship (as I might do when I'm alone). But, I would always take a moment to commune with our heavenly Father and tell Him that I love Him. If you are alone, then you can lift your voice and sing a song or sing verses from one of the Psalms.

**2. CONFESSION – (1 minute).** All of us need to confess our sins to God on a daily basis. It's like bathing -- we need to stay clean! Take a moment to confess any wrong attitudes or actions that you've had. Then, claim 1 **John 1:9** that says, ***"If we confess our sins, He is faithful and just to forgive us our sins, and cleanse us from all unrighteousness."***

**3. THANKSGIVING – (1 minute).** It's easy to move from confession to thanksgiving when you have an appreciation for the forgiveness you have in Christ. Spend a moment thanking Him for His love, forgiveness, and all the many blessings you have. If you are facing seemingly impossible circumstances, then thank God in faith for His help and solution.

**4. SUPPLICATION – (2 minutes).** You get two minutes for this one! Most of us have a lot to pray for, so you get more time in this step. Supplication is when you present all your requests to the Lord. **Philippians 4:6,7** says to ***"pray about everything."*** Pray for yourself, your family, friends, job, and needs. Present your requests and thank God for answers.

**5. SCRIPTURE – (10 minutes).** Here is where you'll spend most of your time. Believe it or not, you can read one or two chapters in the Bible in 10 minutes. Of course, you can also take your time as you mark key verses. As you do, **MAKE SURE** that you write a few short-hand notes in your note- book. Writing down key points or thoughts will be important as you learn to follow His guidance in your life.

**APPLICATION:** *Start with Adoration and work your way through the 15-minute plan. When you get to the Scripture portion, make a few notes. Now make your devotional time with the Lord Jesus a lifelong habit. When you focus on the simple ABC's, your BIG PICTURE will come into a powerful new focus.*